Valley City State University: Designated Medical Provider (DMP)
Program Information

From the Valley City State University Safety Office

- Overview

- VCSU participates in the Risk Management Workers Compensation Program. This allows the State to designate health care providers to treat your workplace injuries and illnesses.

- Workforce Safety and Insurance may not pay for medical treatment to another provider unless you are referred to this provider by the designated medical provider, or unless you notified us in writing prior to the injury that you wanted to be treated by a different medical provider.

- You must also name your different medical provider.
  - Emergency care is exempt from this designated provider requirement.

- What is a Designated Medical Provider (DMP)?

  - A DMP is team of physicians, nurses practitioners, physician assistants, therapists, etc, who are specialists in the field of occupational medicine (those who focus on prevention and management of occupational injuries, illnesses and disabilities).

    - This group of professionals focuses on helping one recover from a workplace incident quickly and completely.

- Why should I choose to receive treatment from a DMP?

  - DMPs have carefully been selected by the state and have a system for:
    - Treating workplace injuries
    - Working with Worker’s Compensation
    - Training for doctors concerning occupational medicine.

    - What happens if I choose not to seek treatment from a DMP?

  - If you do not see the DMP referred by VCSU, it could result in the nonpayment of medical benefits and you could be liable for all medical costs.

  - If you choose to see a medical provider other than the two approved by VCSU, you need to notify the Director of Human Resources in writing BEFORE any injuries occur.

    - The two DMPs for VCSU are Essentia Health and Sanford Clinic, both located in Valley City.
- State Selected DMPs (please see attached list)

- When do I select my DMP?
  - You will receive information about the University's DMPs annually when signing your contract for the next year.
  - At this time you will be informed of the selected DMPs and you may choose to select from this list or opt to use a medical provider of your choice.

- What if I have a pre-existing condition?
  - If you have a pre-existing condition, you would inform the DMP about the condition and they will communicate with your original specialist as needed.
  - Consultation between DMPs and other specialists is something that occurs regularly.

- Can I be referred to a different DMP?
  - Yes. If transferring you to a different provider will get you the best medical care possible.
  - The end goal is to be able to provide state employees with the best medical care possible and by selecting specialists in workplace medicine, all employees have this opportunity.

- Questions or Concerns?
  - Please visit: [http://www.nd.gov/risk/] for more information.
  - OR
  - Contact the Director of Human Resources: 701-845-7401