### General Education Requirements

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<th>Subject-Catalog Nbr-Course Title - Credits</th>
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<td>ENGL 125 Intro to Professional Wrtg *</td>
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<td>or COMM 212 Interpersonal Comm</td>
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<td>HPER 491 Senior Portfolio - 1</td>
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#### Problems Solving - 11 crs

- Mathematics - 3 crs (Select one course)
  - MATH 103 College Algebra
  - MATH 104 Finite Mathematics
  - MATH 107 Precalculus
  - MATH 105 Calculus I

- Science - 8 crs (Select two courses)
  - BIOL 111 or BIOL 150 or CHEM 115 *
  - BIOL 151, 170, 220, 221, CHEM 116, 121, 122;
  - GEOL 100, 106
  - PHYS 100, 110, 161, 162, 251, 252, TECH 161

- Technology - 3 crs (Select one course)
  - CIS 170 Intro to Computer Info Systems
  - CSCI 127 Intro Java; CSCI 160 Intro Struc
  - HPER 109 Exer Tech & Prog Design - 3
  - HPER 220 Practical App of Fitness Educ - 3
  - HPER 259 Applied Anat/Phys/Hum Perf - 3
  - HPER 390 Fit Assess/Ex Prescrit - 3
  - HPER 405 Adv Topics in Strgth & Cond. - 2

- Wellness - 2 crs
  - HPER 100 Concepts Fitness & Wellness
  - HPER 444 Ex Phys of Peak Performance - 3
  - HPER 487 Field Experience Pract - 2-4

- Aesthetic Engagement - 6 crs
  - Literacies - 3 crs (Select one course)
    - ENGL 220, 225, 241, 242, 281, 262
    - HUM 201 Civil, Thought, & Lit Heritage
    - SPAN 201 2nd Yr I; SPAN 202 2nd Yr II
    - THEA 110 Intro Theatre; THEA 161 Acting I

  - Art & Music - 3 crs (Select one course)
    - ART 110 Intro to Visual Arts
    - HUM 220 Fine Arts & Aesthetics

- Global Awareness & Effective Citizen - 6 crs (Select two courses)
  - COMM 112 Under Media; COMM 114 Human
  - ECON 201 Prin Micro; ECON 202 Prin Macro
  - GEOG 151 Human Geog
  - HIST 103, 104, 211, 212, 260, 267, 270
  - POLS 115 Amer Gov; POLS 116 State Gov
  - PSYC 111 Intro Psyc
  - PSYC 112 Intro Anthro
  - SOC 110 Intro to Soc; SOC 111 Intro Anthro

- Additional General Education - 2 crs
  - Select from Aesthetic Engagement or GlobalAwareness areas
  - or ART 112, 231, 281; GEOG 111, 112;
  - MUS 104, 105, 120, 121, 140, 141, 142, 143;
  - PHYS 272, THEA 201 (1-3)

### Required Courses

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<td><strong>Concentration D - Strength &amp; Conditioning</strong></td>
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#### B.A./B.S. Degree Requirements - see details in 14-16 catalog

**Completion of Gen Ed requirements**
- Completion of a major and a minor,
- a double major, or a composite major
- completion of a 30 upper division
- semester hours at 300-400 level
- Completion of a 120 semester hours
- Minimum cumulative GPA of at least 2.0
- Completion of a digital portfolio

**Minimum Credits Required to Graduate**
- Minimum Gen Ed Credits Required - 39
- * Required by Major
- Total Major Credits Required - 58-60
- Total Gen Ed Credits Required - 39
- Total Graduate Audit Credits Required - 120