



Tips for Preparing for the Exam

1. Do All the Coursework!

Complete all assignments, practice problems and read all the course material prior to studying.

2. Create Study Guides for each Exam

Review your notes, go through your textbook and write down any important information you might have.

3. Create Flash Cards

For many students, the process of creating flash cards make it easier to remember key terms, definitions, formulas and other concepts. They are convenient to carry around and you can review them anywhere.

4. Create your own quiz!

Write and record your own questions and answer them. Pretend you are actually taking the exam and write down as much as you can! This will help you learn the material.

5. Get Enough Sleep!

Although it is difficult, getting a full night's rest is more likely to result in you feeling awake, alert and focused. This is especially important in the days and weeks leading up to your exam.

6. Set Goals for Exam Preparation

This is important when you have multiple exams to prepare for. Have a copy of your exam schedule and plan carefully: Study, Review, Study again before you move on to something new!

Tips for Taking the Exam

1. “Dump” Your Brain!

As soon as you sit down, write down all the information that is difficult for you to remember on a sheet of paper. This would include things like formulas, dates, any key terms or words.

2. Skim through the Exam

As soon as you sit down and receive the exam, skim through it, make a note of the questions that you feel most comfortable answering as well as those that seem challenging.

3. Focus on What you Know!

Don't spend too much time on the questions that you do not know. Come back to them at the end!

4. Review, Review, Review!

Always try and leave some time to double check your answers, revisit those questions you left or skipped. Make sure that you answered all the questions.

5. Pace yourself!

The aim is not to be the first through the door! You want to be efficient and careful. Wear a watch, keep your eye on the clock and calculate time.

6. Read the Directions Carefully!

It is tempting to get started right away when we feel we already know what to do. But this can cause us to lose unnecessary points for overlooking important instructions. Read the directions fully!