



Tips for Successful Studying

1. Find a quiet, clean, and organized place to study
 - Sit upright
 - Avoid your bed
2. Alternate Study Spaces
 - Breaks up the monotony
 - Gets you motivated to study
3. Study with a friend or group
 - Two heads are better than one
 - Get to know at least one classmate
 - Professors hate the question: “What did I miss?”
4. Use lots of study tools to remember information
 - Flash cards
 - Study 20 flash cards at a time, go over them 8 times or until you got it
 - Separate flash cards into two piles (the ones you know and the ones you don’t)
 - Fold Piece of paper in half
 - On one side of the paper write definitions, on the other side write key terms
 - Highlight important information
 - Don’t highlight everything, determine what is important
 - Use different colors (ex. One color for key terms, and another for definitions and supporting details)
5. Come up with test questions
 - If your teacher doesn’t provide you with a study guide, MAKE ONE!
6. Get some sleep!
7. Read it, Write it, Hear it, See it
 - Go to Class
 - Take notes even if the powerpoints are online (print out handouts)
8. Switch between subjects
 - When you get bored with one subject switch to another
 - Study the hardest subject when you’re the most alert
9. Manage Your Time
 - Academics should be your NUMBER ONE priority
 - Check your syllabus
 - If you’re going away for the weekend, study before you leave (No one ever studies on vacation)
 - Use a planner, you’re phone, or whatever works for you
10. Take breaks
 - Don’t cram
 - Don’t continue to study if you’re not focused, you won’t retain anything
 - When you’re tired go to bed
11. Make use of study resources on campus
 - Tutoring
 - Writing Center