



### Application Requirements

#### INTRODUCTION:

The Athletic Training Program (ATP) at Valley City State University (VCSU) is an intensive educational experience to prepare graduates for the Board of Certification (BOC) Exam. The application procedure for admittance into the ATP is a competitive process and acceptance allows students to complete the degree requirements for graduation.

#### APPLICATION REQUIREMENTS FOR PROFESSIONAL PHASE

The following are required for consideration into the professional phase of the Athletic Training Program at Valley City State University:

- A grade of "B" or better in HPER 126: Applications of Taping, Bracing, & Protective Equipment and HPER 127: Introduction to Athletic Training, HPER 128: Communication for Health Care Professionals, and HPER 210: First Aid/CPR/AED
- Minimum cumulative GPA of 2.75 including the semester of application
- Formal Application Letter
- Typed Application Form
- Formal interview
- 10 hours of observation in the VCSU athletic training room
- Blood Borne Pathogens Training
- Completed technical standards document

#### FORMAL APPLICATION LETTER:

Candidates for VCSU's Athletic Training Program are required to submit a written formal application letter discussing three (3) topic areas:

- 1) Why do you want to become a certified athletic trainer?
- 2) Explain why you would make a suitable candidate in the Athletic Training Program.
- 3) What are your goals upon completion of the B.S. in Athletic Training? The formal application letter should be approximately 500 to 700 words.

#### INTERVIEW PROCESS:

The purpose of the formal interview process is to assess the applicant's motivation for athletic training, professionalism, maturity, and knowledge of the profession. After the Athletic Training Program selection committee reviews applications, qualified students will be contacted for a formal interview.

Students can prepare to address the following questions during the formal interview:

- What excites you about majoring in athletic training and what are your apprehensions about majoring in athletic training?

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- In your opinion, what are the qualities of an excellent athletic trainer?
- How have you or how will you prepare yourself to meet the demands of majoring in athletic training, and in particular your time management skills?

Applications are scored in the following areas for the Pre-Professional Phase:

<u>REQUIREMENT:</u>	<u>POSSIBLE SCORE:</u>
Cumulative GPA	4.0 = 10 points 3.5 = 8 points 3.0 = 6 points 2.75 = 4 points
Grade in HPER 126: Applications for Taping, Bracing, and Protective Devices	A = 15 points B = 10 points
Grade in HPER 127: Introduction to Athletic Training	A = 15 points B = 10 points
Grade in HPER 128: Communication for Health Care Professionals	A = 15 points B = 10 points
Grade in HPER 210: First Aid/CPR/AED and Certification	A = 15 points B = 10 points
Blood Borne Pathogens Training	5 points
10 hours of observation	5 points
Technical Standards	5 points
Formal Application Letter	8 points
Interview	8 points
<i>Total Points Possible:</i>	
<i>101 points</i>	

- ◆ Total points earned on the application and interview will determine selection
- ◆ Candidates must score at least 80 out of 101 points available to be considered for selection
- ◆ Applicants who do not meet the requirements or are not selected may re-apply the following year upon proof of academic and application requirements.

### APPLICATION DEADLINE FOR THE PROFESSIONAL PHASE

The completed application must be received by Athletic Training Program Director on or before April 15<sup>th</sup>.

**SELECTION PROCESS:**

The ATP at Valley City State University is seeking students with a commitment to learning and dedication to service. Athletic training is a rewarding career that opens up a variety of opportunities for the future. Athletic Trainers are challenged on a daily basis while providing for the prevention, care and rehabilitation of injuries or illnesses suffered by active populations. The ATP at Valley City State University is seeking students who are willing to embrace the challenges, curriculum and clinical experiences with professionalism, enthusiasm and a positive attitude.

**ACCEPTANCE INTO THE VCSU ATHLETIC TRAINING PROGRAM**

- ◆ Applicants are informed in writing as to the selection committees' decision after spring grades are submitted. The Athletic Training Program Selection Committee recommends each applicant respond via email to Rachelle Hunt, Athletic Training Program Director (rachelle.hunt@vcsu.edu), their acceptance of the position in the program.
  
- ◆ Applicants who are selected are required to show proof for the following at their expense:
  - Varicella vaccination (2 doses) OR proof of previous chicken pox exposure via healthcare provider's documentation OR documentation of varicella titer test
  - Tdap- adult dose
  - MMR – 2 doses
  - Hepatitis B vaccination or Right of Refusal document provided by VCSU ATP ○ Negative TB screening (2 part test)- annual
    - VCSU's nurse can complete this test during HPER 124 at the start of the semester before starting clinical rotations.
  - Influenza - annual
  - Transportation to/from clinical education experiences during the remainder of their educational experience
  
- ◆ Applicants who are selected to the professional phase will be required to maintain a 2.75 GPA, achieve a "B" or better in all core athletic training classes, and show progressive clinical development in the athletic training program. Students who fail to maintain academic and clinical requirements may be dismissed from the program.

**TRANSFER STUDENTS:**

Students transferring to VCSU must meet the same Athletic Training Program (ATP) admission requirements as any other student, including completion of Introduction to Athletic Training (HPER 127), Applications of Taping, Protective Devices and Equipment (HPER 126), Communication for Health Care Professionals (HPER 128), and First Aid/CPR/AED (HPER 210), admission application material, etc. Complete admissions requirements are located on the VCSU Athletic Training website, the ATP Policy & Procedure Handbook or by contacting the Athletic Training Program Director. Courses required, as part of the application process, may be considered if transferring from a CAATE accredited program and must be approved by VCSU's Registrar Office and the ATP Director. Transfer students are required to complete all five clinical experience courses (HPER 124, 224, 324, 424, 426) and one field experience course (HPER 487). Clinical or field experiences at other institutions will NOT be counted toward course or clinical requirements. Once accepted into the program, transfer students will have a minimum of six semesters before graduation. In most cases, transfer students should expect to spend four (4) years at Valley City State University in order to complete the Athletic Training major: one year as an athletic training program student and three years as an athletic training student in the professional program cohort to fulfill all didactic and clinical education requirements of the program. Transfer students must meet the graduation requirements for VCSU and the ATP. Transfer students will follow the same program of study, for core athletic training courses, as students initially starting at VCSU.

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Core Athletic Training Courses

Year 1					
Fall			Spring		
HPER 210	First Aid/CPR/AED	1 Credit	HPER 126	Applications for Taping, Protective Devices and Equipment	3 Credits
			HPER 127	Introduction to Athletic Training	3 Credits
			HPER 128	Communication for Health Care Professionals	3 credits

Core Athletic Training Courses in the Professional Phase:

Professional Phase – Year 2					
Fall			Spring		
HPER 124	Clinical Experience I	3 Credits	HPER 224	Clinical Experience II	3 Credits
HPER 226	Injury Recognition & Evaluation of the Lower Extremity	3 Credits	HPER 227	Injury Recognition & Evaluation Upper Extremity	3 Credits
HPER 258	Applied Anatomy, Physiology & Human Performance	3 Credits	HPER 259	Applied Anatomy, Physiology & Human Performance	3 Credits
			HPER 109	Exercise Techniques & Program Design	3 Credits

Professional Phase – Year 3					
Fall			Spring		
HPER 324	Clinical Experience III	3 Credits	HPER 424	Clinical Experience IV	3 Credits
HPER 328	Therapeutic Exercise	3 Credits	HPER 326	Therapeutic Modalities	3 Credits
HPER 331	Injury Recognition & Evaluation of Head, Neck, & Spine	3 Credits	HPER 384	Fitness Assessment and Prescription	3 Credits
BIOL 220	Anatomy & Physiology	4 Credits	BIOL 221	Anatomy & Physiology	4 Credits
HPER 311	Emergency Medical Response	3 Credits			

Professional Phase – Year 4					
Fall			Spring		

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HPER 426	Clinical Experience V	3 Credits	HPER 487	Field Experience	2-3 Credits
HPER 309	Sports Nutrition	3 Credits	HPER 454	Evidence-Based Practice	3 Credits
HPER 332	General Medical Conditions	3 Credits			
HPER 438	Organization & Administration of Athletic Training	3 Credits			
HPER 444	Exercise Physiology of Peak Performances	3 Credits			

I attest that all the information provided is correct.

\_\_\_\_\_  
Applicant's Signature

\_\_\_\_\_  
Date