## Communicable Disease Policy

The purpose of the Valley City State University Athletic Training Program Communicable Disease Policy is to protect the health and safety of all parties. The purpose of this policy is to ensure the welfare of the students enrolled within the program as well as those patients you may come in contact with during your clinical experiences.

## What are Communicable Diseases?

A communicable disease is a disease that can be transmitted from one person to another. There are four main types of transmission: 1) direct contact 2) air (sneezing, coughing, inhalation) 3) vehicle (ingested or injected) 4) vector (insect or animal).

The following list is an example of diseases that would preclude an athletic training student from reporting to their clinical experience. This list includes, but is not limited to:

Chickenpox	Conjunctivitis	Diarrhea
Diphtheria	Hepatitis A, B, or C	Herpes Simplex
HIV	Impetigo	Influenza
Lice	Measles	Mumps
Meningitis	Pertussis	Rabies
Rubella	Scabies	Strep

Athletic training students with contagious or potentially contagious illnesses should avoid direct contact with patients, regardless of the clinical setting. This includes any student suffering from a respiratory illness, intestinal illness, or temperature greater than 101°.

If a student must miss a class or clinical assignment due to illness, the student must contact their instructor and preceptor prior to their absence. If the student is unable to contact their instructor and preceptor prior to the absence, they must contact them as soon as possible.

## **Prevention Techniques**

- 1. Students are required to use Universal Precautions at all times. This includes covering all open wounds or cuts prior to treating patients, wearing gloves, and practicing proper hand washing techniques and good hygiene.
- 2. Students are not to provide patient care if they have active signs or symptoms of a communicable disease.
- 3. Students must successfully complete Bloodborne pathogens training.

Signature	Date